

Technology is a tool. But... Are we addicted? How do we stop? Where do we start?

The goal for this film is to inspire people of all ages, especially kids, to self-regulate. As technology continues to progress, and children are exposed at even earlier ages, education and discussion are critical to understanding how it affects us and how we can manage it going forward.

Watch the Trailer & Find out more about the Film

Special introduction by Superintendent Mackey Pendergrast

Tuesday, April 30th, 7:00 – 9:00 pm Frelinghuysen Middle School Auditorium

Please join us for a discussion immediately following the film with these specially selected panelists:

- Dr. Michael Osit Psychologist, author, & expert on the psychological effects of technology on youth
- Matthew Krayton Adjunct Professor, Centenary University's Social Media Center of Expertise
- Erica Hartman MSD Director of Technology Integration
- MHS Student & FMS Student

Moderated by: Debora Engelfried, MSD Supervisor of Social Emotional Learning & Information Mgmt.





This program is appropriate for ALL parents Students 10+ are welcome and encouraged to attend

Please Register Here

Register & attend for a chance to win a book on this topic







